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# Boston: Creamed!

Maybe the Leafs' cup dreams aren't so pie in the sky, after their 4-2 trouncing of the Bruins

STORIES ON PAGES 4, 24

FERNANDO CARNEIRO/METRO

## Deceptive data?

Statistics Canada's first voluntary census is expected to show that Toronto is home to the world, but critics worry the numbers will be dangerously inaccurate PAGE 3

## Shoulda put a date on it

Beyoncé's on-again, off-again relationship with her new record is making some of us feel, well, fierce PAGE 16

## O ye little ones of faith

A mom struggles with the dilemma of not wanting to force religion on her child, but worrying he'll miss out on the spiritual rewards of belief in God PAGE 19

Mortgage Matters p. 8-9

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Tribute

Mom Gloria Kovach comforted by a Guelph police officer on Sunday. THE CANADIAN PRESS

## Fallen officer honoured by colleagues, family

Colleagues of a young Guelph constable who died in the line of duty this year wiped away tears on Sunday as her sacrifice and dedication were remembered in the annual tribute to the province's fallen police officers.

Friends and relatives of Const. Jennifer Kovach comforted each other following the ceremony, which drew officers from across Ontario and as far away as the U.S.

Kovach, 26, died on March 14 when her cruiser crashed into a bus while she was responding to a colleague's call for assistance. She had joined the force four years earlier.

THE CANADIAN PRESS

Rob Ford

## Mayor weighs in on provincial politics

Mayor Rob Ford, on the weekly radio show he hosts, urged the New Democrats to vote against the Liberal government's budget and trigger an election, saying NDP Leader Andrea Horwath should "just say no" to the minority Liberals' budget.

THE CANADIAN PRESS

# Tories face heat over immigration data stats

**Worry.** Critics brace for results of immigration survey, predict 'inaccurate' picture of newcomers to GTA

A change to the collection of national data on immigration will seriously hinder future policies and programs for newcomers across the GTA, warn settlement workers, academics and immigration activists.

Some go so far as to suggest the federal government deliberately changed the data-collection process so that problems experienced by the most recent newcomers — a vulnerable group that includes undocumented workers, temporary foreign workers and others with low incomes — can't be tracked.

Their criticisms come as Statistics Canada prepares to release on Wednesday the immigration data results of its first voluntary National Household Survey, which replaced the mandatory long-form census.

"People who tend not to fill out questionnaires are those who are in the most vulnerable situations — recent immigrants, immigrants having difficulty in employment," says Jeffrey Reitz, a sociology professor at the University of Toronto.

For decades, immigration data from the long-form census was used to determine the need for language and skills training, and employment and mentoring programs for newcomers.

Yogendra Shakya, senior research scientist at Toronto's Access Alliance — a multi-service community health centre — said in the past they were able to ply the immigration census data to figure out what kind of language interpretation services were needed, for example. Census data about poverty, unemployment and housing barriers were also valuable in developing relevant programs for immigrants, he added.

Still, Statistics Canada maintains the new voluntary survey results will be as informative as the long-form census, cancelled by the Conservative Party in 2010. TORSTAR NEWS SERVICE

Quoted

**"The elimination of the long-form census and replacement with the voluntary National Household Survey appears to be a deliberate attempt by the current Harper Conservative government to hide and suppress valuable evidence about the growing diversity of Canada, as well as the rising levels of poverty and inequality in Canada."**

Yogendra Shakya,
Toronto's Access Alliance

**Changes in diversity**

- StatsCan data from the 2006 census that track changes in diversity since before 1941 show a major shift in immigration to the GTA beginning in the 1960s and growing rapidly each consecutive decade, from mostly European immigration to, in the last census period, natives of India, China, the Philippines and Pakistan.

## 'Boston, we run with you'

About 12,000 runners from 50 countries and all corners of Canada head off from Mel Lastman Square for the kickoff of the Goodlife Fitness Toronto Marathon on a perfect-weather Sunday. Hundreds of runners wore blue shirts with five words in bold yellow lettering reading — "Boston, we run with you" — a reminder of a tragedy still fresh. A moment of silence was also held minutes before the start of the marathon to remember those who were killed in Boston last month.

BERNARD WEIL/TORSTAR NEWS SERVICE

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**BELEAF IT OR NOT: TURNING THE TABLES ON TWITTER**

## A sincere 'Thank you' for Kessel

Toronto got #thankyoukessel to trend on Twitter — and it was a good thing.

An outpouring of love surfaced for Phil Kessel, who scored the winner in a 4-2 Maple Leafs decision Saturday night over the Boston Bruins.

With #thankyoukessel, Leaf fans essentially turned the tables on Bruins fans.

"Thank You, Kessel" is what Bruins fans chant in derision for the ex-Bruin, usually after Tyler Seguin scores against Toronto. The Bruins drafted Seguin with one of the picks the Leafs traded to Boston to get Kessel.

Leaf fans tweeted the phrase in praise.

**@KF_Kadri43:**
Hey Boston, that guy you traded just got the game winner.... #ThankYouKessel

**@chasing_adalia:**
@MapleLeafs On the subway in Boston, a Bruins fan after the game said, "After that goal, I suppose we can't chant #thankyoukessel anymore."

**@Ashmole_Chris:**
It was Leafs fans and not Bruins fans singing "Thank you Kessel" last night. #goleafsgo #phil-thethrill

**@mrmcj:**
If you're going to game 3 at the ACC, for the love of god please get a "thank you Kessel" chant going.

TORSTAR NEWS SERVICE

# What's blue and white and found all over?

FANDEMONIUM: LEAFS VS. BOSTON

**Answer: Transplanted Leafs fans!** Die-hard devotees living outside of Canada scramble to watch games — even in enemy territory

PHOEBE HO
toronto@metronews.ca

Devoted Toronto Maple Leafs fans living in different time zones will go to any lengths to get a whiff of the post-season excitement.

It's proving to be a major challenge for some, but that hasn't stopped them from trying. Whether it's overcoming the time difference, or just getting access to the games in countries where hockey is virtually non-existent, Leafs fans are getting creative in order to support their team in real time.

Michael Seetner, who's been backpacking across Southeast Asia the last few months, says he's been keeping track of scores regularly online, even when he was on the Everest Base Camp Trek at more than 4,000 metres above sea level.

Now that the playoff season is in full swing, he's making every effort to watch the games. His first try was last week during the Leafs-Bruins playoff opener.

"We tried an Australian bar that had foreign TV channels, but they didn't have that game playing. We tried streaming, and eventually just Skyped our friends and told them to turn their computer towards the TV," he said. "We tried for one period, then gave up."

"The logistics of actually seeing the games are more of an obstacle than the time difference," added Seetner. "We are willing to wake up at 6 a.m."

Craig Turner, a die-hard supporter of the Leafs, faced a similar issue. The Alberta native, who works on an offshore drill rig off the coast of India, had to compromise during the regular hockey season.

"I can't watch the games, but I can listen to them if the Internet happens to be working rather good that day," he said. "I'm there in spirit almost every game."

Luckily for him, a well-timed vacation means that Turner is now home just in time to catch the next few games. He'll be watching it just the way he likes it.

"I like to just watch by myself. My wife's not a big hockey fan and she doesn't like listening to me scream at the TV, so I sit in the man-cave I have in the basement," he said. "That's the way I enjoy it."

Work isn't stopping a Toronto expat living in San Francisco, though. Amin Lalani, a dedicated Leafs fan, readjusted his work schedule to make up for the three-hour time difference for the first game last Wednesday.

"I've been a die-hard fan all my life," said Lalani. "For the first playoff game in nine years, I had no choice but to leave work early and support the Buds in spirit."

Lalani even flew over to watch the second game at the TD Garden in Boston over the weekend. Besides having to cheer for the team in the midst of some angry Bruins fans, Lalani was thrilled he got to watch the Leafs bounce back with a 4-2 win to tie the series. What really made his night, though, was getting to meet other like-minded Leafs fans in another country.

"Best part about watching the game in Boston was seeing Leafs Nation unite to support the Buds," he said. "There was instant camaraderie between anyone rocking the blue-and-white. It makes you feel right at home."

From left, Aadil Shamji, Alisha Murji and Amin Lalani at the second playoff game Saturday in Boston, won by the Leafs 4-2. COURTESY ARIF MAMDANI

Die-hard Leafs fan Craig Turner, who works on an offshore drill rig near India, compromised during the regular season but is at home in Glenwood, Alta., for the next few games. CONTRIBUTED

**Team spirit**

**"Best part about watching the game in Boston was seeing Leafs Nation unite to support the Buds. There was instant camaraderie between anyone rocking the blue-and-white. It makes you feel right at home."**

**Amin Lalani,** living in San Francisco

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## Pilgrimage to the cherry blossoms

Thousands braved city traffic to see and take in the sweet smell of cherry blossoms in High Park on Sunday. Some had a picnic lunch under the welcome shade from bright, sunny skies and summer-like temperatures. The rest of the week promises more of the same, with no sign of rain until Thursday. RENE JOHNSTON/TORSTAR NEWS SERVICE

# TDSB taking money from needy: Report

**Underprivileged kids.** Social Planning Toronto says in a report that more than $100M annually has actually been used to fill funding gaps

More than $100 million annually has been diverted from funding programs for underprivileged students in order for the Toronto District School Board to balance its books, according to a new report from Social Planning Toronto.

"The total amount (of funds diverted) is approaching $1 billion," said John Campey, executive director of Social Planning Toronto, a non-profit community organization committed to improving the lives of Torontonians.

The Ontario government provides extra funding for students deemed to face extra demographic hurdles: low-income families, single-parent households, parents with less formal education and families that have moved frequently.

This money is meant to provide extra help through homework clubs, tutors, mentoring, summer literacy programs and other support that can level the playing field between these children and their more affluent peers.

But in a school board in which many students live below the poverty line, the report warns this is a dangerous diversion of dollars away from the most needy students.

Of the $128 million in such "Learning Opportunity Grants" Queen's Park gave to the TDSB, the report suggests only $40 million — about 31 per cent — was actually spent in schools for whom those dollars were targeted. The rest has been used for general expenses such as payroll, it notes.

As well, the report finds that 25 per cent — about $20 million — has been diverted from funding the TDSB receives for English as a Second Language programs for similar purposes.

The school board wasn't able to answer questions from Torstar News Service.

"Since it's a Sunday, I can't check with staff to get the details/numbers, etc. on this so I wouldn't be able to speak to you about it," said TDSB spokesperson Ryan Bird.

TORSTAR NEWS SERVICE

**Quoted**

**"It's important that either this money is for kids living in poverty or it's to top up the board's budget. If it is just to fill the budgetary gap, say so. Don't pretend it's about supporting the education of kids in poverty."**

John Campey, former principal in two inner-city schools

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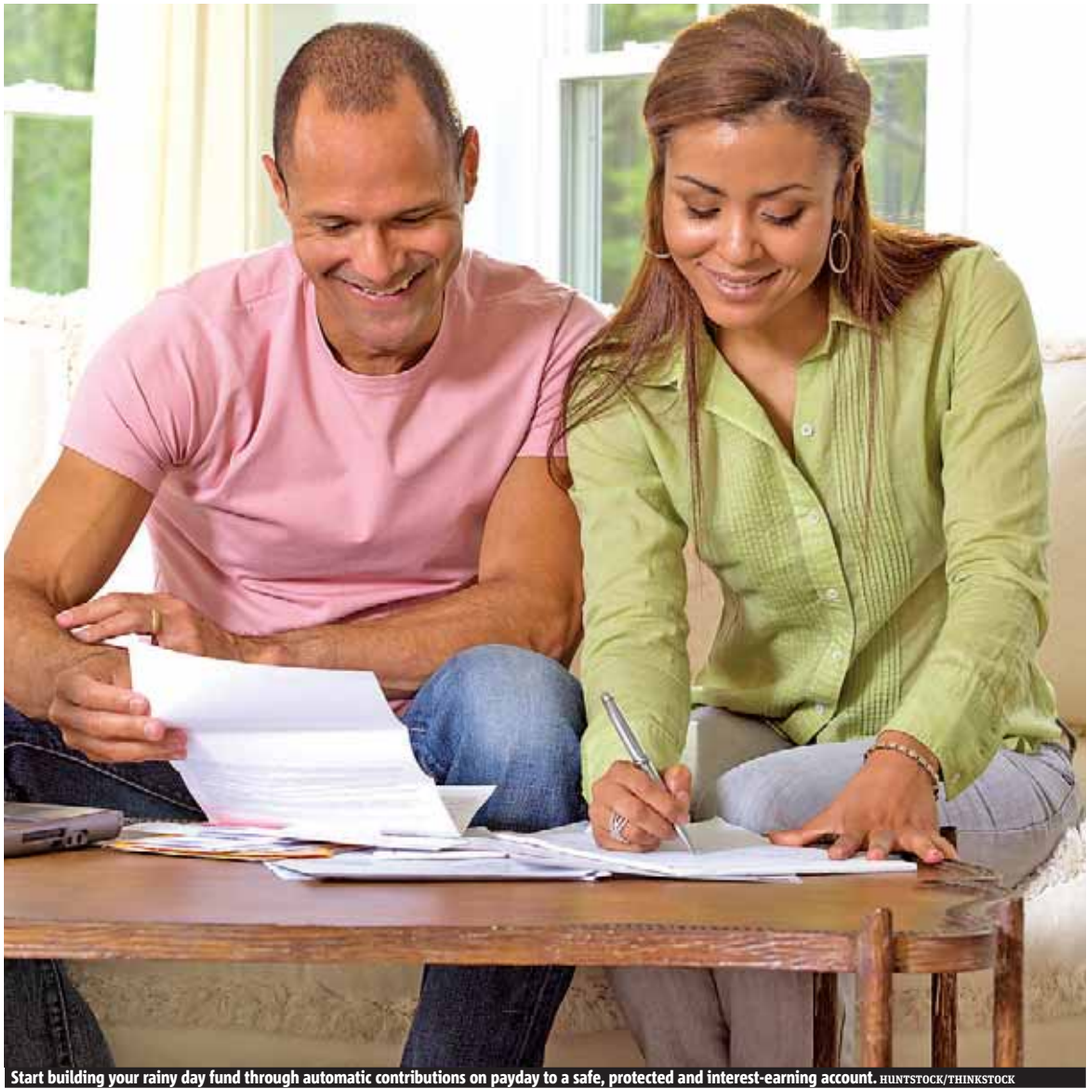


Start building your rainy day fund through automatic contributions on payday to a safe, protected and interest-earning account. HUNTSTOCK/THINKSTOCK

# Savings. Build a stash of cash

Home ownership is very rewarding. But it can be filled with financial surprises along the way. Planning for the unexpected is wise and easy.

Start with ensuring that you have the right insurance for your property and possessions. Call your insurance provider or even a trusted insurance broker and have them walk you through your policy so you understand the coverage you have and the process you would have to go through should you have an emergency. If your current policy doesn't meet your needs, change it.

But not all emergencies are covered by insurance. If, for example, you or your partner were laid off, your child became ill, a sewage line backs up or your house needs a new roof, you will need money to tide you over until the situation is resolved.

Financial experts therefore recommend that homeowners have between three and six months of salary tucked away for a rainy day. But their opinion isn't necessarily right for your situation. You need to decide what amount of savings will make you feel secure.

Over the course of the next two to three years, start building your rainy day fund through automatic contributions on payday to a safe, protected and interest-earning account. The most popular savings tools are high-interest savings accounts, guaranteed investment certificates (GICs) and money market mutual funds, all of which are available through your local bank.

Wondering how to build this stash of cash? Living frugally and resourcefully is the answer. If you have the space in your new home, rent out a spare room or parking stall. Sell unused household items and consider selling your second car. Cut back on purchases you don't need and use coupons when shopping.

Ensure you have access to some money while you are building your rainy day fund. Make an arrangement with a family member to borrow temporarily, or have access to a line of credit (though it's tempting, try not to use your line of credit for anything other than an emergency). Once your fund is built, you can get rid of interim measures and enjoy your extra cash flow.

LESLEY SCORGIE

## *Interesting options*

A high-interest savings account is the same as a traditional savings account, but it pays more interest on your funds than a traditional savings account.

A GIC is a guaranteed investment that will stay protected while earning interest. GICs are invested for a specific amount of time and you get to select when you would like them to mature — typically a six-month minimum term to a five-year term.

A money market mutual fund is a low-risk investment based on very secure government-backed assets and high-quality corporate bonds, which has no guaranteed return, but typically generates a small, less-risky, return.

# Pay it down

**Cash flow.** Even small cost reductions can help you save money to pay off your mortgage faster

LESLEY SCORGIE
For Metro

Imagine being mortgage-free faster. Your cash flow would be greatly increased, allowing you to invest more and improve your overall lifestyle.

Now that you are finally feeling settled in your new home, start implementing techniques to reduce your mortgage as pain-free as possible.

Most mortgages allow you to pay extra on the principle balance without having to refinance or renegotiate the mortgage terms.

A double-up payment is simply just paying up to double the regular monthly, biweekly or semi-monthly payment. So, if your regular monthly payment is $1,500, you could pay up to $1,500 extra as a double-up payment each month.

Most lenders allow between 10 and 20 per cent of the original value of the mortgage as an annual lump sum payment. If your original mortgage was $150,000 and your lender allows up to a 10 per cent annual lump sum payment, that translates into a $15,000 lump sum payment.

If your lender will allow it, set up accelerated weekly or biweekly payments rather than monthly payments. Accelerated payments are slightly higher than regular payments and the increased frequency translates into extra payments each year.

While setting up weekly or biweekly payments, round up to nearest $100. If your biweekly payment is $470, round it to $500.

Accelerated payments can be easier for homeowners on a tight budget with fixed cash flow when compared to double-up or lump sum payments. The small extra amount is lower and becomes part of the regular payment, which can be built into a homeowner's regular budget. But if a homeowner benefits from infrequent extra money like bonuses, double-up or lump sum payments could be easier.

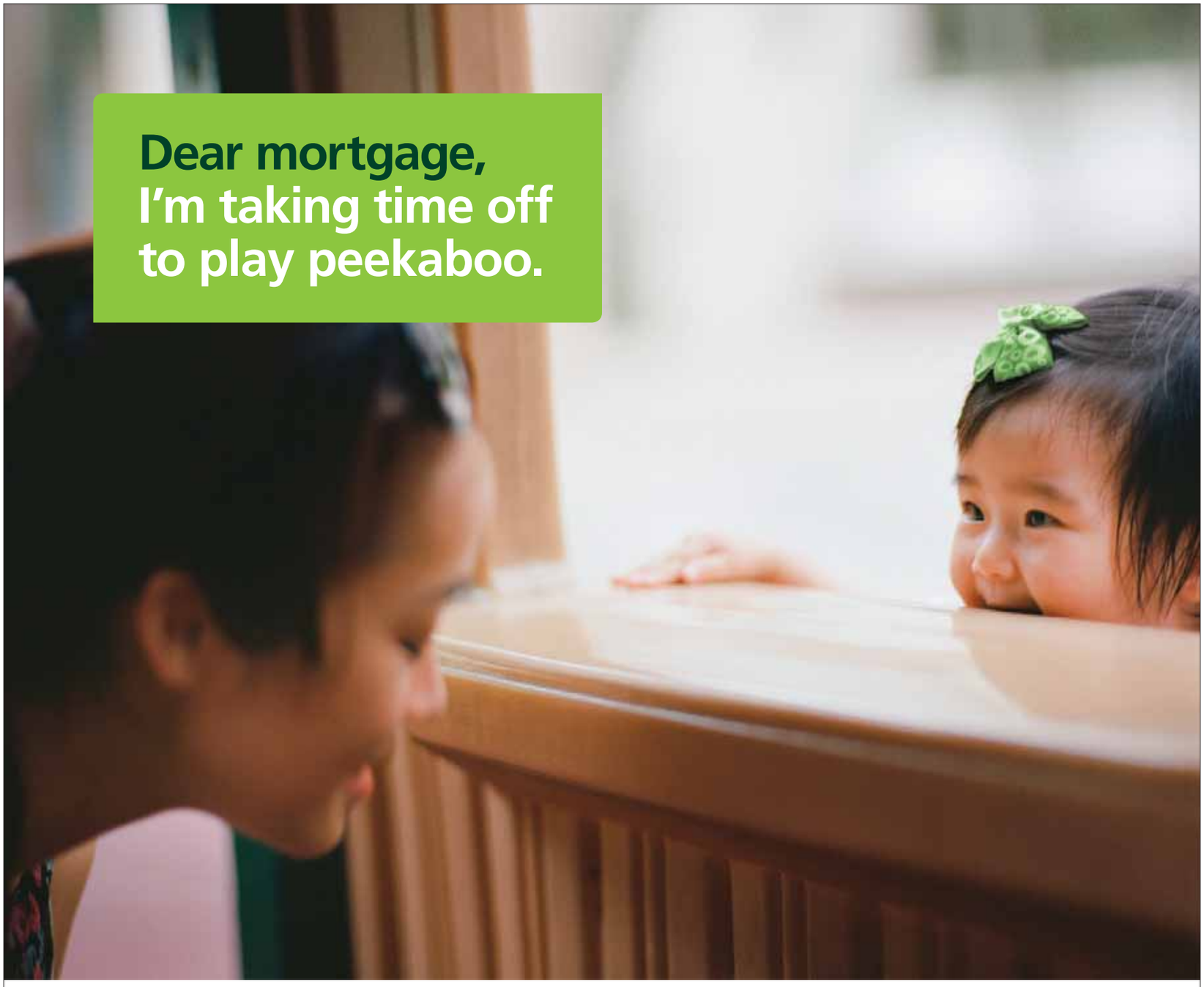
Wondering where you could scrounge up extra dough to pay off your mortgage faster? Anytime you receive extra money through a tax return, birthday present or bonus, put it on your mortgage. Cut back on restaurant dinning, theatre tickets and shoe shopping. Bundle and renegotiate utility and cellular bills. Take on extra hours at work or turn a hobby into extra income. Even small cost reductions can save hundreds of dollars.

By making a quick call to your mortgage lender, you can determine the specific prepayment options available with your mortgage.

**Prepayment options**

- Wondering how fast you could pay off your mortgage if you took advantage of prepayment options? All major banks have free online calculators to run the numbers or go to Financial Consumer Agency of Canada (select resources, tools and calculators, and mortgage calculator).

Most mortgages allow you to pay extra on the principle balance without having to refinance or renegotiate the mortgage terms. ISTOCKPHOTO/THINKSTOCK

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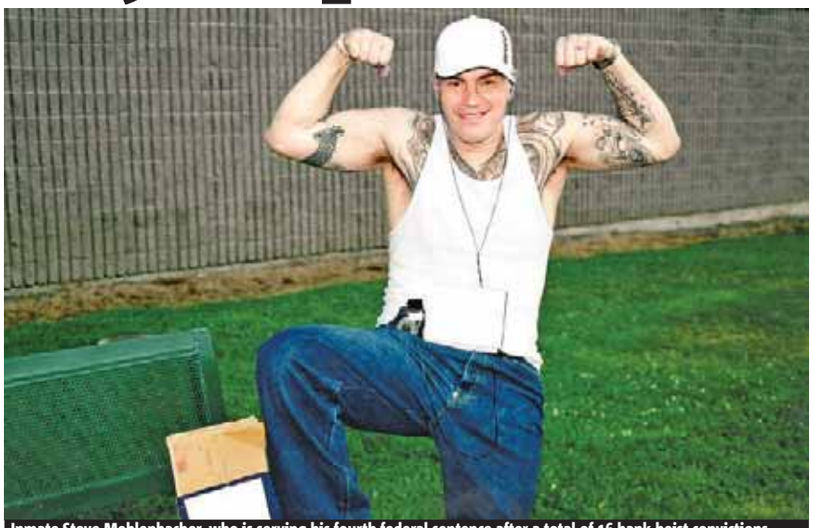
# Inmates just prisoners of love

**Hooking up.** A dating website for Canadian convicts helps those behind bars find love on the outside



Inmate Steve Mehlenbacher, who is serving his fourth federal sentence after a total of 16 bank-heist convictions, met his girlfriend on the Canadian Inmates Connect Inc. website which hooks up people on the inside with those on the outside. CANADIAN INMATES CONNECT HANDOUT/THE CANADIAN PRESS

One bachelor says he can't be available for a first date for awhile — at least not before 2021. Another claims to hold the Toronto record for robbing the most banks in the shortest span: 11 financial institutions knocked off in four-and-a-half hours. "Not something I am really proud of," Alex Nikoloski writes.

The suitors are among dozens of male and female cons who have posted personal profiles and photos on a matchmaking website with a twist. This site hooks up people on the inside with those on the outside.

Canadian Inmates Connect Inc. showcases numerous prisoners serving life sentences and helps the incarcerated find pen pals and, perhaps, much more.

The 16-month-old website, which promotes some 40 convict profiles, has even churned out a few lockup love stories.

The site's founder, Melissa, a 35-year-old Toronto mom, says she was inspired to start the website after seeing similar ones in the United States. Melissa says most of the profiled prisoners heard about the website through word of mouth and inmate committees. They mailed her a blurb, photos of themselves and a $35 annual membership fee.

For some, the results have led to jailhouse bliss.

Julie Young, 24, a single mother from Truro, N.S., credits the website for introducing her to a convicted bank robber she hopes to marry one day.

Her sweetheart, Steve Mehlenbacher, 42, is serving his fourth federal sentence after a total of 16 bank-heist convictions.

Young plans to move across the country this month to be closer to her man, who's locked up in the medium-security Mountain Institution in Agassiz, B.C., about 140 kilometres east of Vancouver.

They have never met in person, but they exchange letters regularly and have daily chats on the phone.

THE CANADIAN PRESS

**Quoted**

**"I would marry him because I love him and I see him having a really good future now."**

**Julie Young, 24.** Her sweetheart, Steve Mehlenbacher, 42, is serving his fourth sentence after 16 bank-heist convictions.

**Recreational league**

## Soccer referee allegedly punched by teen player dies

A soccer referee who slipped into a coma after being punched by a teenage player during a game a week ago died Saturday night, police said.

Ricardo Portillo, 46, of Salt Lake City passed away at the hospital, where he was being treated, police said. Police have accused a 17-year-old player in a recreational soccer league of punching Portillo after the man called a foul on him and issued him a yellow card.

The teen has been booked into juvenile detention on suspicion of aggravated assault. Spokesman Justin Hoyal said authorities will consider additional charges since Portillo has died.

Portillo suffered swelling in his brain and had been listed in critical condition Thursday at the hospital in the Salt Lake City suburb of Murray.

THE ASSOCIATED PRESS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# Syrian rebels enter air base

**Regional involvement.**
Israel strikes at capital amid days of fighting

Rebels occupied parts of a military air base in northern Syria Sunday after days of fighting with government troops who have been defending the sprawling position for months, activists said.

The Britain-based Syrian Observatory for Human Rights said rebels moved deep inside Mannagh air base, near the border with Turkey, despite fire from government warplanes. The Aleppo Media Center says rebels captured a tank unit inside the base and that the base commander, Brig. Gen. Ali Salim Mahmoud, was killed.

The fighting came hours after Israeli warplanes struck areas in and around the capital, setting off a series of explosions as they targeted a shipment of highly accurate, Iranian-made guided missiles believed to be bound for Lebanon's Hezbollah militant group, officials and activists said.

The attack, the second in three days and the third this year, signalled a sharp escalation of Israel's involvement in Syria's civil war. Syrian state media reported that Israeli missiles struck a military and scientific research centre near Damascus and caused casualties.

Rebels have launched a wave of attacks on military air bases around the country in the past months in an attempt to deprive the army of a key weapon used to target anti-government forces.

Rebels have been trying to capture Mannagh air base for months but were only able to take small parts of it.

The Syrian conflict has killed more than 70,000 people according to the UN.

THE ASSOCIATED PRESS

**The enemy of my enemy ...**

## *Arab leaders' dilemma*

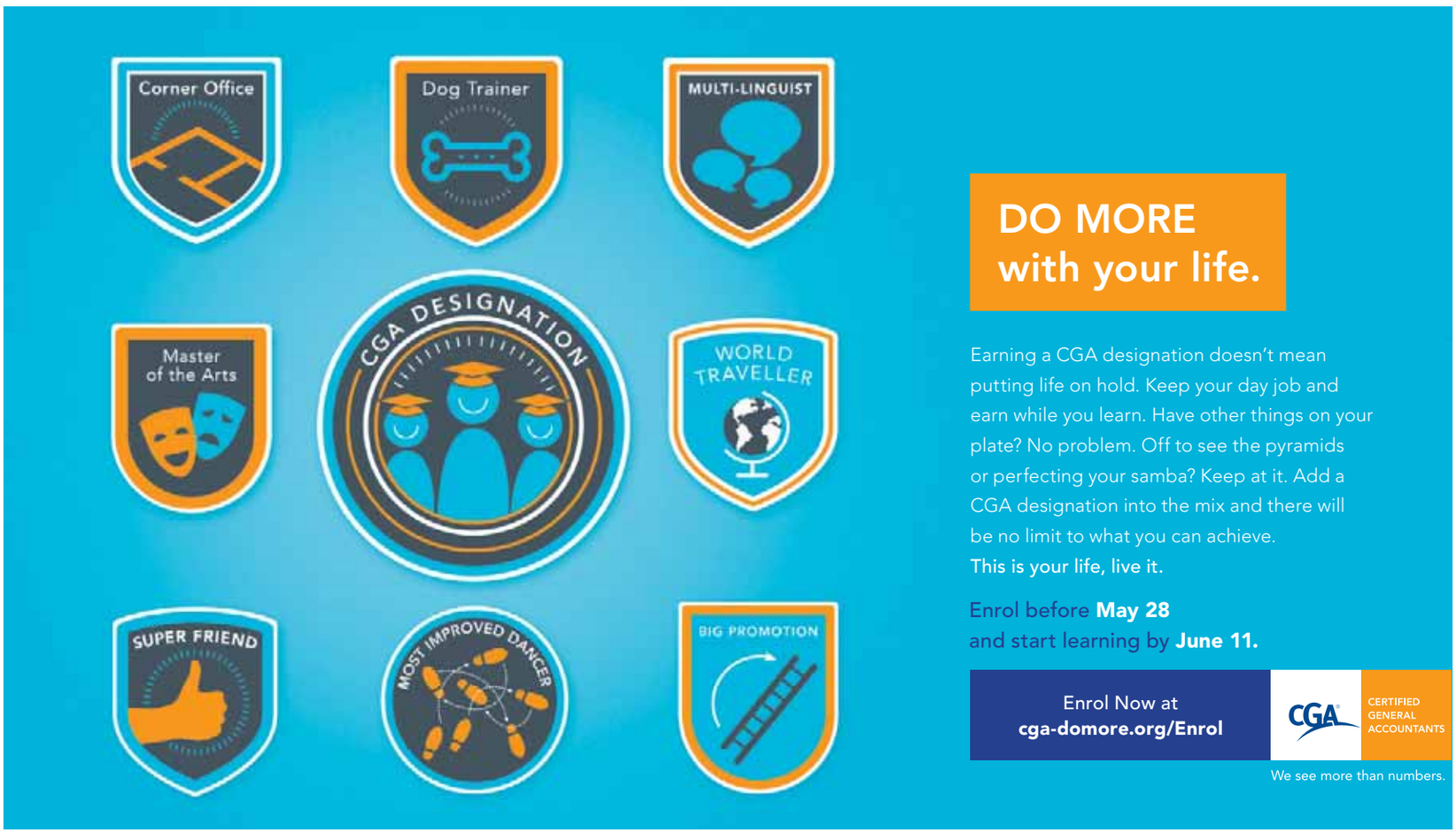
Nearly all Arab states have sided with the rebels. And Israeli attacks were the type of response many had urged from the West. However, while Israel and many Arab states share suspicions about Iran, the perception that they're allied against Assad — even indirectly — is strongly knocked by Arab leaders.

No leader wants to be perceived as OK'ing Israeli attacks. Arab League chief Nabil Elaraby warned of serious repercussions and called on the UN Security Council to "immediately move to stop the Israeli aggressions on Syria."

THE ASSOCIATED PRESS

## Bangladesh continues to mourn

A woman is held as she grieves after identifying the body of her daughter, a victim of the building collapse, Sunday, in Savar, near Dhaka, Bangladesh. The death toll from the collapse of a shoddily built garment-factory building in Bangladesh continued its horrifying climb, reaching 622 on Sunday with little sign of what the final number will be. The disaster is likely the worst garment-factory accident ever, and there have been few industrial accidents of any kind with a higher death toll. WONG MAYE-E/THE ASSOCIATED PRESS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# 5 women headed to bachelorette party killed in limo blaze

**Trapped inside.** Cause unclear in fire that left vehicle burning on busy California bridge

Firefighters investigate the scene of a limousine fire.
JANE TYSKA/THE ASSOCIATED PRESS

A stretch limousine taking nine women to a bachelorette party erupted in flames, killing five of the passengers, including the bride-to-be, authorities and the mother of one of the survivors said on Sunday.

The limo was carrying nine women and its driver when it caught fire at about 10 p.m. on Saturday on one of the busiest bridges on San Francisco Bay, California Highway Patrol officer Art Montiel said.

Five of the women were trapped, but the four other women managed to get out after the vehicle came to a stop on the San Mateo-Hayward Bridge, the patrol said. The driver of the limo — 46-year-old Orville Brown of San Jose — was the only person to escape unhurt.

Rosita Guardiano told the San Francisco Chronicle that the woman for whom the bachelorette party was being thrown was to be married next month. Guardiano said her daughter was one of the survivors.

Investigators haven't determined what sparked the fire, but the patrol said the white stretch limo became engulfed in flames after smoke started coming out of the rear of the vehicle.

A photo taken by a witness and broadcast on KTVU-TV showed flames shooting from the back.

Aerial video shot after the incident showed about one-third of the back half of the limousine had been scorched by the fire. Its tail lights and bumper were gone and it appeared to be resting on its rims, but the remainder of the vehicle didn't appear to be damaged.

THE ASSOCIATED PRESS

## Pakistan's women need to rise as children fall

Women mourn next to the body of a child, who was killed in a bombing on Saturday, during a funeral in Karachi, Pakistan, on Sunday. Two blasts in Karachi killed three people near the office of a political party critical of the Taliban, heightening tensions leading up to the country's historic May 11 election. The election will bring a major first for democracy in Pakistan — the first time a civilian government has fulfilled its term and handed over power to another. But women still face an uphill battle to make their voices heard in the political process, as voters, candidates and in parliament, where they hold 22 per cent of the seats in the lower house. FAREED KHAN/THE ASSOCIATED PRESS

Haiti

## Former president Aristide rebuilding party, source says

Former Haitian president Jean-Bertrand Aristide is trying to rebuild his political party as the Caribbean nation prepares for legislative and local elections, a prominent hotelier said on Sunday.

Richard Morse, manager of the Hotel Oloffson, said he has met with Aristide to discuss the possibility of his wife, Lunise Exume Morse, running under Aristide's party as a senatorial candidate.

"He's back, and he's trying to get good people," Morse said. THE ASSOCIATED PRESS

IN CONVERSATION

Douglas Rushkoff

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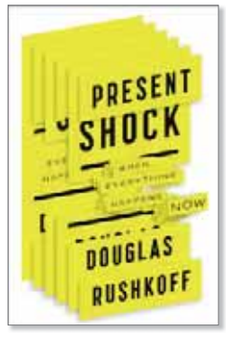


Join Indigo's Chief Booklover **Heather Reisman** in conversation with award-winning media theorist **Douglas Rushkoff** about his new book, *Present Shock*, and the challenges we all face with living in the now. Book signing to follow.

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Media concentration

## CRTC will take another look at Bell-Astral deal

Bell is heading to the CRTC for a second time in hopes that its plan to sell off the majority of Astral Media's TV channels will be enough to appease the regulator's worries its takeover of the media company would not be good for Canadians.

A new round of public hearings on Bell's revised plan to buy Astral starts Monday after the Canadian Radio-television and Telecommunications Commission killed the plan last fall, citing concerns it would restrict choice and raise prices for consumers.

Janet Lo, legal counsel with the Public Interest Advocacy Centre, said the revised deal isn't all that different from Bell's first attempt to win approval to buy Astral. "For us, it raises the same concerns for competition as the first transaction," said Lo, who will appear before the CRTC at the hearings. THE CANADIAN PRESS

Online auction

## Apollo 11 artifacts to go up for sale

A U.S. auction house will soon accept bids on space and aviation artifacts, including an electrocardiogram of Apollo 11 Commander Neil Armstrong's heartbeat taken when he first set foot on the moon.

Amherst, N.H.-based RR Auction will take bids on the EKG, which registered a normal heartbeat, and other artifacts during an online auction from May 16 through May 23.

Other artifacts include the joystick controller operated by astronauts Buzz Aldrin and Michael Collins in the Apollo 11 command module. Officials say over 85 lots of Apollo 11 material will be featured in the auction. THE ASSOCIATED PRESS

This joystick controller, used by Apollo 11 astronauts on their way to and from the moon, will be part of an online auction. RR AUCTION

# Calling all basement inventors: Industry Canada wants you

**Home tinkering.** Survey of consumer-innovators tries to assess how many Canadians are making the products of tomorrow in their own workshops

Gareth Grainger, 15, skateboards in downtown Vancouver in early April. Skateboards began as roller skate wheels nailed to boards, a home-grown product later adopted and improved by manufacturers. Now, the federal government wants to tap into the skills of home inventors. DARRYL DYCK/THE CANADIAN PRESS

The federal government wants to tap into the skills of obscure basement inventors and turn their tinkering into innovative consumer products.

A new survey for Industry Canada found almost 13 per cent of Canadians are so-called "private innovators," who have improved on consumer goods or created new products in the last three years. Recent research in the U.S. and elsewhere has found similar numbers of ordinary basement tinkerers, regarded by some as a talent pool consumer-products firms must harness to find fresh profits.

Industry Canada paid survey firm Ekos Research Associates Inc. $80,000 to determine how many Canadians were themselves making the products of tomorrow in their workshops. The department has said the survey is part of a larger project to encourage product development through consumer-innovators, including "framework laws, expenditure programs and regulatory-standards systems." THE CANADIAN PRESS

# Online shopping. Canuck e-tailers falling behind U.S. counterparts: Report

Canadian retailers who have delayed launching a robust e-commerce website are running out of time and face "their last wake-up call," suggests a new report on the state of online shopping in Canada.

The report by the U.S.-based Forrester Research, funded in part by Canada Post and Shop.ca, is based on surveys with 1,103 Canadian online shoppers and concludes that U.S. e-tailers are becoming better positioned to steal web revenues from homegrown companies.

"In the eyes of the consumer, the downsides of buying from a U.S.-based retailer rather than a domestic Canadian retailer are diminishing. Canadian retailers should be shaking in their boots," states the report.

"Canadian online shoppers will sacrifice any loyalty to Canada-domiciled retailers if they can find the same product cheaper online at an online marketplace or via a U.S. or international retailer."

According to Forrester, about 25 per cent of online spending by Canadians already goes through international websites. THE CANADIAN PRESS

Quoted

**"Canadian online shoppers will sacrifice any loyalty to Canada-domiciled retailers if they can find the same product cheaper online at an online marketplace or via a U.S. or international retailer."** Forrester Research report

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# GO UPGRADE A GAME CHANGER

URBAN COMPASS

**Matt Elliott**
toronto@metronews.ca

It's not often that GTA transit riders get a legitimate piece of no-fooling great news, but it happened a couple of weeks back when Metrolinx announced that, starting in June, service on GO Transit's Lakeshore line will increase to see trains every 30 minutes or better, all day long.

For commuters travelling anywhere between Oshawa and Burlington, that means less hassle and more options.

Ontario Minister of Transportation Glen Murray hailed the move as the final step toward turning GO into "full, regular transit," suggesting that riders will be able to tear up their schedules and instead simply head to their local station, confident that a train is only a half-hour away.

Murray's comments came off as a bit hyperbolic, but I'm OK with his sentiment. This is a game changer. A big one.

But could the game change even more? Isn't it true that more frequent service on GO Train lines across the GTA could radically change the shape of our transit system — not just for Bay Street commuters, but for everyone?

I think it could.

Take, for example, another big transit story making headlines these days: The Scarborough subway. Shambling to its feet once again like a zombie that won't stay down even after it's been smacked in the face with a shovel, the desired subway is back on the minds of several local politicians. Scarborough needs a subway, they say, to provide fast, regular service to downtown and the rest of Toronto.

But when they talk about improved transit service, they rarely talk GO. And that seems a little crazy, given that GO can and does operate transit service that delivers commuters from Sheppard Avenue East and Kennedy Road in Agincourt to Union Station in just 29 minutes. Even with improved subway connections, there's no way the TTC could match that kind of speed.

The sticking point? Only six trains make that trip from Scarborough to downtown on an average weekday morning. On weekends, there are usually no trains at all. Imagine if instead they ran every 30 minutes, all day. Or go wild and imagine that the trains were electric, and ran every 15 minutes.

Yes, there are barriers to running more trains in these corridors. In many cases, the rail lines are still shared with freight companies who demand exclusive access during parts of the day. But logic dictates that untangling those knots might be cheaper and achieve results faster than building expensive TTC subway expansions to Vaughan, Scarborough and Richmond Hill.

That's not to say that new subways and other rapid transit infrastructure aren't needed across the GTA. They are.

But let's not leave GO Transit out of that planning process.

We know GO can get us places.

**Read more of Matt's blog, Ford for Toronto, at metronews.ca**

ZOOM

# Round 1 ... and fight!

OLIVIER MAIRE/KEYSTONE/THE ASSOCIATED PRESS

## Cows lock horns to establish hierarchy

The cow Schakira, left, fights against Champion during the traditional annual Combats de Reines (Combat of the Queens), a cow fight in Aproz, in the western Alpine canton of Valais, Switzerland, on Sunday.

Valais is home to a unique breed of cows, the Herens, also called Eringer cows. The female cattle are robust and possess the singular characteristic of fighting among themselves to establish a hierarchy within the herd.

The behaviour of the breed has given way to the organized cow fight, which attracts stockbreeders and spectators yearly.

THE ASSOCIATED PRESS

**It's an uphill battle**

- The cows' ritual happens naturally every spring as the cows make their annual climb to high mountain pastures.
- The cows choose an opponent to lock horns with, and the fight ends when the defeated cow walks away. At the end of the tournament, the cow who hasn't been defeated is crowned "the queen."
- The queen becomes the leader, and guides the drove up the mountains.

Click bait

ANDREW FIFIELD
andrew.fifield@metronews.ca

**Now that the days have swung from promising to spectacular, it's past time to start stocking the summer-reading war chest. If you're already behind, don't waste any more valuable reading time wondering what to pick up. Just try these three sites for a few good recommendations instead.**

### Good Reads:

An all-purpose book lover's social network with author interviews, reviews and news on community events such as book swaps. But the lists are where the magic happens — compiled by thousands of readers, the simple act of suggestion becomes a sprawling epic covering endless titles. (goodreads.com)

### Shelfari:

A social network that's quite a bit like Good Reads, with a similarly robust stable of lists and tag clouds. However, Shelfari's community is a step above and throwing yourself into the mix with your own library titles and personal reviews makes it all the better. (shelfari.com)

### What Should I Read Next:

Does all this talk of social networking and personal reviews sound like too much effort? This is about as simple as it gets. If The Hunger Games led you to The Maze Runner and you're wondering where to go next, plug those titles into WSIRN's search engine, and voila. (whatshouldireadnext.com)

**Letters**

As a teenager in Toronto, I strongly oppose underage drinking and feel that it is a growing epidemic in our society.

Recent studies have shown that more than 80 per cent of high school seniors in the U.S. admit to drinking alcohol. Further studies have shown that the average American has had his/her first drink at the age of 14. This is unacceptable, and is leading my peers into a lifestyle of substance abuse. Research shows that individuals who start drinking at a relatively early age are far more likely to become alcoholics.

Each year, approximately 5,000 deaths occur as a direct result of underage alcohol consumption. The parents of these children need to be more involved in their children's lives, and not turn a blind eye to what they're doing. They should set boundaries and keep a close eye on the type of crowd their children are hanging around with.

I believe that underage drinking is a major problem in our society. It should be brought up to parents and children and dealt with appropriately. We should do whatever it takes to try to prevent it. Parents shouldn't allow their children to go to unsupervised parties where there's going to be drinking. I believe that the consequences should be stricter.

**Rahmeh Abdul-Jabbar, Toronto**

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# STOP HAIR LOSS

## for MEN and for WOMEN

#1 SELLING IN CANADA

Hair Grow Technology's Bio-Fen® product line is continually moving forward! We are introducing our two latest versions; **Bio-Fen® Plus for Men** and **Bio-Fen® Plus for Women**. These products have been assigned Natural Product Numbers (NPN's) by Health Canada.

We recognize that both men and women experience androgenic alopecia (AGA, or male / female pattern baldness) and have made some improvements to the original formulation based on the latest science to address their specific needs. You will notice that we now have additional complementary (Health Canada Approved) health claims on each product.

## How does Bio-Fen® PLUS work?

We are bringing you two new products with **double** the number of capsules and **triple** the number of health claims for men and **four times** the number of health claims for women.

As in the previous formulation, the fenugreek seed extract in both new formulas reduces excess blood lipid levels (hyperlipidemia). Fenugreek contains β-sitosterol, an active plant sterol, which has been shown to inhibit 5-alpha-reductase activity – the enzyme responsible for converting excess testosterone to *DHT* (which is the primary molecule that causes hair loss). The SDG (secoisolariciresinol diglucoside) from flax lignans in both formulas also decreases excess cholesterol - the building block of testosterone. Based on new research on the rate of metabolism of SDG in flax lignans (8-12 hours on average), the dosage in both products has been revised from once a day to twice a day for optimum results.

## Twice the Strength! Twice the Power!

## Bio-Fen® Plus for Men:

As before, the saw palmetto extract inhibits the enzyme 5-alpha reductase, and this action slows down the conversion of testosterone to dihydrotestosterone (or DHT) – the overabundance of which causes the miniaturization of hair follicles. This activity of the saw palmetto also helps to relieve the urinary symptoms of mild to moderate BPH for men.

The saw palmetto that originally was an extract standardized to 45% free fatty acids, esters, and sterols while the new formula is a 4:1 extract to support the BPH claim. The product still contains these molecules for hair loss, but they are now at proprietary amounts based on our research so that the competition cannot duplicate our formula.

### Bio-Fen® Plus for Men will also help to:

- ***Relieve the urologic symptoms associated with mild to moderate benign prostatic hyperplasia - BPH (e.g. weak urine flow, incomplete voiding, frequent daytime and night time urination).***
- ***Reduce elevated blood lipid levels / hyperlipidemia.***

## Bio-Fen® Plus for Women

The women's formula is almost the same as the men's formula. The mechanisms and results for the women formula is the same. The only difference is it contains silicon and iron instead of saw palmetto. Silicon has been shown to contribute to hair shaft strength and thus healthy hair growth. It also contains iron which helps prevent iron deficiency. A number of studies have related sub-clinical iron deficiency in women to diffuse hair loss/alopecia.

The increased amount of SDG and other revisions to the regulations allow us to make some additional health claims for *Bio-Fen® Plus for Women*.

### Bio-Fen® Plus for Women will also help to:

- ***Reduce elevated blood lipid levels/hyperlipidemia***
- ***Prevent iron deficiency.***
- ***Metabolize carbohydrates, fats and proteins.***

## How long must I use Bio-Fen® Plus?

*Bio-Fen® Plus for Men* capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or the rate of hair loss is decreased. Anyone experiencing new growth should see it within four months. In some people the original pigmentation may come back. Once you stop completely your hair growth pattern will slowly go back to the point where you started. However, some people may be able to go with a lower maintenance dose.

## What is the quality of Bio-Fen® Plus for Men?

Bio-Fen® Plus for Men is manufactured in Canada according to quality assurance specifications called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and the finished product prior to sale.

Hair Grow Technology (Bio-Fen® Plus) is a progressive company - we continually seek out the latest research on bioactive ingredients, and on regulatory updates in the natural health products industry.

See our website to locate your nearest store that carries *Bio-Fen® Plus*.

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SCENE 2

# Where's the album at?

**Beyoncé.** Release-date rumours, album- title rumours and cancelled press conferences have us all pondering the same question

MICHELLE CASTILLO
Metro World News

Is it out? Is it coming? Why hasn't Beyoncé's album dropped?

Metro walks you through the winding road of pushed back release dates.

**JANUARY 10**

The February 2013 GQ cover story announces that Beyoncé's album could come out as early as April. She says the album will be mostly R&B.

"I always have my Prince and rock/soul influences. There's a bit of D'Angelo, some '60s doo-wop. And Aretha and Diana Ross," she commented.

**FEBRUARY 11**

The singer hints that the new album will be "a lot more sensual" and "empowering." So, she's still a fierce, independent woman, but she's crazy in love and bootylicious?

**MARCH 10**

A fake track list for Bey's new album surfaces online. Knowing what we know now, there's probably no chance that Ratchet (feat. Lady Gaga & Azealia Banks) and More Than Sex (feat. Ne-Yo) are real songs, seeing that all the singles she has released or previewed were not on the list.

Beyoncé has been dropping hints for a while, but she hasn't dropped an album. GETTY IMAGES

**MARCH 17**

Beyoncé releases Bow Down/I Been On on her website.

"I took some time to live my life, but don't think I'm just his little wife."

**MARCH 19**

MediaTakeOut reports that Beyoncé's new album will come out in fall 2013 now because the two songs that were released — Nuclear and Bow Down — were not doing so well.

"No one thought that both (songs) would fall flat. They were supposed to be her biggest two songs off the album," a source told the website.

**MARCH 28**

Rolling Stone reports the new album is called Mrs. Carter (but reports on later dates say the album is yet-to-be titled).

**APRIL 3**

Producer The Dream says Bey has a "very sexual" track called IV Play.

"She's talking about her man, hopefully," he said about the song during the radio program The Angie Martinez Show. "She was talking that talk. That's one of the best performances I've heard from her in that way."

**APRIL 4**

The new single Grown Woman is released in a minute-long Pepsi advertisement. The video features Beyoncé in a room full of mirrors. Each show a reflection of one of her old looks.

**APRIL 8**

MTV says in a story about Kelly Rowland that her colleague Beyoncé will release an album within eight months.

**APRIL 23**

Don't fret: Gwyneth Paltrow said Beyoncé's album will be out soon. She told Digital Spy that she's heard a "lot, lot, lot" of the songs, but she doesn't know which ones will be left on the cutting room floor.

**APRIL 23**

Beyoncé performs Grown Woman in Paris, but the unnamed album and the track still have no release date.

**APRIL 25**

Beyoncé debuts a 90-second clip of a new song called Standing on the Sun for her H&M ad campaign.

**MAY 1**

A publicist told Metro that a Beyoncé press conference in London, scheduled to promote her role in the animated film Epic, has been cancelled, along with a press screening of the film.

Perhaps this means she's finally finishing that album? Maybe.

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Toronto Memory Program (TMP) is an independent, state-of-the-art medical facility and research centre for the prevention, diagnosis and treatment of Alzheimer's disease and related disorders.

# Turning out the lights at The Office

**Wrap Party.** 10,000 fans pack Scranton baseball field to see stars of NBC mockumentary before final episode airs

Steve Carell answers a fan question at The Office Wrap Party at PNC Field. JASON FARMER/THE ASSOCIATED PRESS

The actors who play Pam, Jim, Dwight and other beloved characters from the popular NBC show The Office bade farewell on Saturday to the northeastern Pennsylvania city of Scranton that served as the TV setting for their fictional paper company.

The NBC mockumentary about a clan of quirky cubicle-dwellers at the fictional Dunder Mifflin Paper Co. wraps up May 16 after nine seasons, and a crowd estimated at 10,000 attended a Wrap Party in Scranton to show their appreciation.

Jenna Fischer, John Krasinski, Rainn Wilson and other stars rode in classic convertibles and posed for hundreds of photos as fans thronged around them. The stars later took the stage in front of the Lackawanna County Courthouse and played a concert with The Scrantones, the band that performed the show's theme song.

Steve Carell, who played office boss buffoon Michael Scott, wasn't expected to make an appearance but surprised fans at a celebration later outside the city at PNC Field, home of the New York Yankees' Triple A affiliate, The (Scranton) Times-Tribune reported.

As she rode down Linden Street, Fischer teared up, overwhelmed by the adoring crowds. Krasinski said afterward that he couldn't process it.

"To have this many people coming out of their way, driving from different places, to just see us and just say thank you is totally bizarre. You have a lot of amazing experiences when you have this gig, but there's nothing like people genuinely saying thank you," he said.

"I don't think we ever realized how many people we had touched."

Briquelle Hoppes, 22, of Louisville, Ky., drove 11 hours with her fiancé and two friends — skipping town on Kentucky Derby day — to attend the Wrap Party, keeping themselves awake overnight by playing old Office episodes through the car speakers and shouting, "Ain't no party like a Scranton party 'cause a Scranton party don't stop," a classic line from the show.

She said she never misses an episode and frequently laughs so hard she cries.

"It appeals to a particular sense of humour and that's us 100 per cent," she said. "It's very awkward, and I find awkward situations hilarious."

On stage Saturday, Wilson paid fans the ultimate backhanded compliment — befitting his character, Dwight Schrute, a paper salesman utterly lacking in social graces.

"The Office fans are the greatest fans in the world!" he said. "Next to Seahawks fans." THE ASSOCIATED PRESS

**Quote**

**"It appeals to a particular sense of humour and that's us 100 per cent."**

**Briquelle Hoppes**
A fan of The Office talking about why she likes the show

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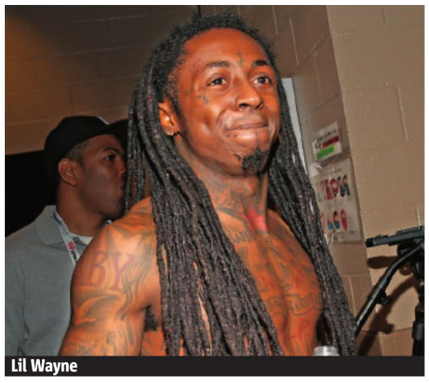

Lil Wayne

# Pepsi cutting ties with Lil Wayne

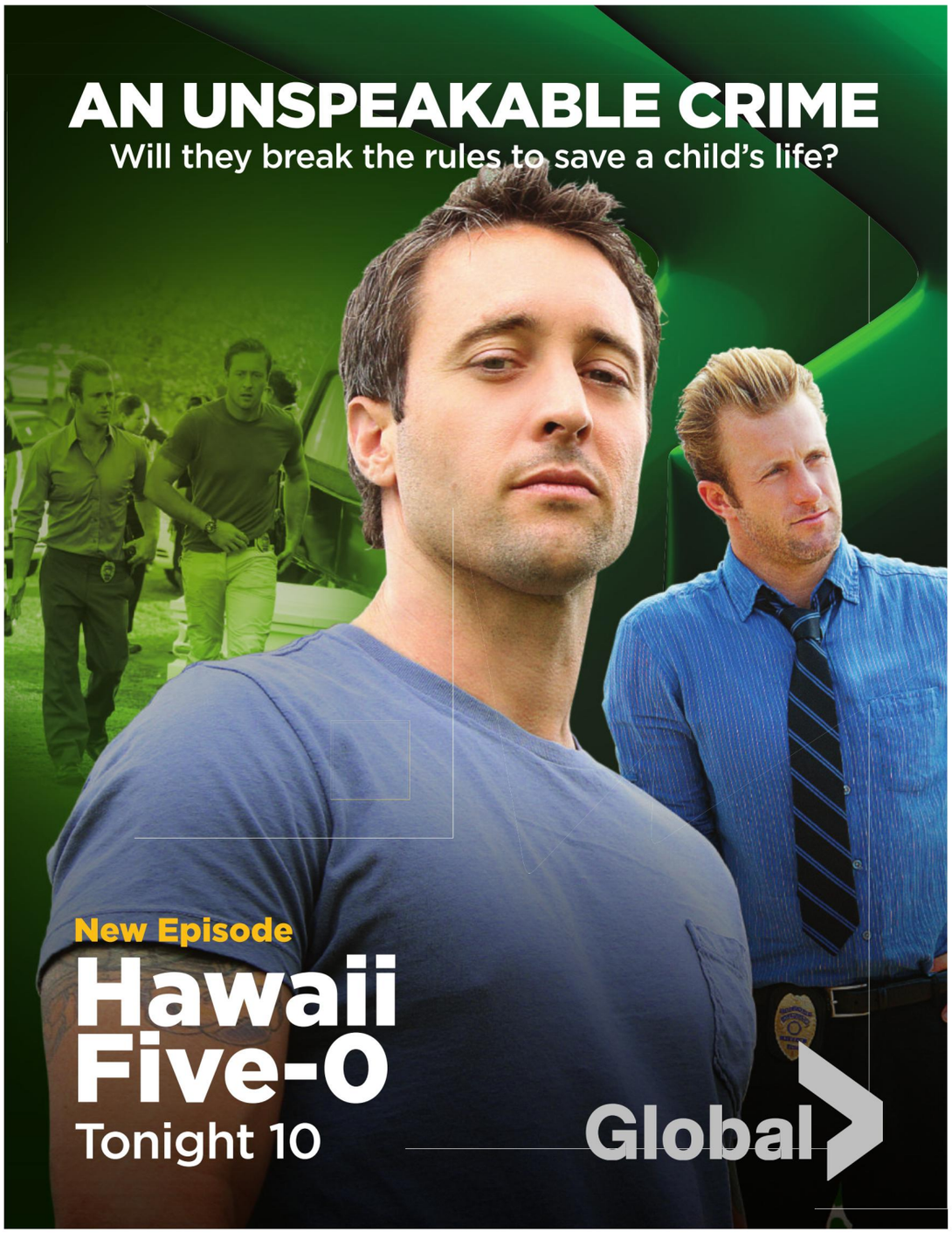
PepsiCo is bowing to public pressure for the second time in a week and cutting ties to Lil Wayne over the rapper's crude reference to civil rights martyr Emmett Till in a song. Lil Wayne, one of the biggest stars in pop music, had a deal to promote the company's Mountain Dew soda.

Earlier this week, PepsiCo also pulled an online ad for the neon-coloured soda that was criticized for portraying racial stereotypes and making light of violence toward women. That ad was developed by rapper Tyler, the Creator.

On Friday, PepsiCo said in a statement that Wayne's "offensive reference to a revered civil rights icon does not reflect the values of our brand." It declined to provide any further comment.

A publicist for Lil Wayne, Sarah Cunningham, said that the split was due to "creative differences" and that it was an amicable parting.

THE ASSOCIATED PRESS




# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**Pop goes the week**

## *Billy Ray Cyrus is clueless and Clint Eastwood is wife-less*

STARGAZING
Malene Arpe
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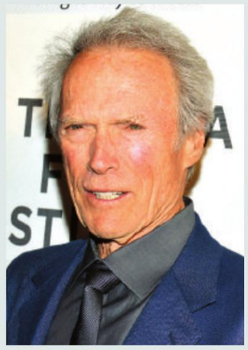

**As part of their divorce settlement, Joe and Tina Simpson split the life insurance policy on Jessica Simpson.** Kris Jenner sends a "Kongratulations on being trail blazers" kard.

**Billy Ray Cyrus says even he doesn't know when Miley and Liam Hemsworth will get married.** That's not surprising. He also doesn't know that we all know he's wearing a wig.

**The Kardashians vacation in Greece.** That explains the recent mass demonstrations in Athens.

**Morgan Spurlock, who's working on a film about One Direction, says the documentary will include a doctor talking about what goes on inside a young girl's brain and body when she hears the boy band play.** The doctor says, "The neural and physical symptoms are configured in such as way as to create a psychological as well as corporal matrix of stimuli and after 23 years of intensive studies of the phenomenon of boy bands and their influence on teen girls, the conclusion is Blarg! OMG! Swoonerific!"

**Amidst rumours of marriage trouble, Clint Eastwood takes off his wedding ring.** He also goes shopping for a new sports car, gets a tattoo and lowers the waist of his pants to a jaunty four inches below his arm pits.

**Lindsay Lohan may be launching a website about "art, fashion, music and movies."** It will be a lot like Gwyneth Paltrow's site, except mostly about falling down in night clubs.

**Alleged comedy Two And A Half Men will be returning next season without Angus T. Jones.** Thus necessitating a change of the show's name to Two Men And A Blurry Photo On A Coffee Table.

**Twitter**

**@SirPatStew**
Nothing like an early start to the weekend - though not when your hotel is on fire.

**@snooki**
I love the smell of good hairspray

**@Sethrogen**
I just impulse bought a 15 pound brisket.

**@mindykaling**
In Soho, Chanel is across the street from Crocs. High 'n low baby #nyc

Cooperation

## Don't ask your kids, tell them

Do not pose instructions as a question.

"Do you want to put your mitts on?" will often get a reply of "NO!"

Use an "it's time to..." statement.

"It's time to put your mitts on."

If "NO!" still happens you can say, "Oh, I didn't ask you, I was just letting you know what time it is."

ANDREA MAIR OF YUMMYMUMMYCLUB.CA

Environment

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KAT INOKAI OF YUMMYMUMMYCLUB.CA

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# Where does religion fit in?

**Soul searching.** Mom worries if she should be introducing some spirituality into her child's upbringing

JULIE M GREEN
YummyMummyClub.ca

Should children be introduced to religion or allowed to make up their own mind when they are able? ISTOCK

After a recent near-miss faux pas (whereby I almost signed off an email wishing a Jewish acquaintance a Happy Easter), religion is at the forefront of my thoughts.

Though we were both raised Catholic, my husband and I made a conscious decision to eschew religion when raising our son. At the risk of facing the ire of in-laws, we decided not to christen him or to subject him to regular mass or sacraments. He is attending a public school.

Like many parents, we do not want to force a particular faith onto our child. Rather, we want him to make an informed decision about his own spirituality when he is old and mature enough to do so. Until then, we try to impart our Christian values in a loose, fairy tale way. While it may be naive of me to think you can cherry pick parts of a given religion and discard those that leave a bad aftertaste, so be it. Yet part of me wonders if agnosticism is truly the right move.

I wonder whether he is missing out on a distinct sense of community and tradition. When you don't belong to a religion, you are adrift. You have friends and family, sure, but no spiritual raft. Are we doing our son a disservice by leaving him out at sea with no oar?

For those who staunchly believe, faith creates order out of chaos, meaning out of meaninglessness. But at heart I'm a Lennonist (not to be confused with Leninist!). As in John Lennon, of Beatles All-You-Need-is-Love, fame.

I'm a big believer in love over rites and rituals. Given the choice, I'll choose human kindness and acceptance over doctrine and dogma any day of the week. Jesus loved sinners. However, I've come to the sad conclusion that the Church does not. But who knows what will happen with a fresh new pope in situ.

Though I wouldn't liken a religious upbringing with child abuse, as some atheists famously do, I question whether it is selfish to blackball my son's spiritual education.

If we don't teach him, how will he know what he's missing?

Will he resent us for not versing him in the ways of the Bible or introducing him to God, Allah, and Buddha?

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| 40 | 13 | 11 | 16 | 13 | 24 | 19 |
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# South Meets West: Fried chicken with an Asian twist

**Miso-Smothered Chicken.** MATTHEW MEAD/THE ASSOCIATED PRESS

The U.S. South's love affair with fried chicken is being challenged by an unlikely influence: The North. Southern food has always been a confluence of cultures, it just happens that it's now the North that is infusing its ideas in the culinary mix.

This chicken dinner by Brooklyn-born Kentucky chef Edward Lee blends a staple of Southern cooking with two Asian ingredients.

**1.** In a large bowl, mix flour, salt, cayenne and garlic powder. Add chicken and toss to coat.

**2.** In a medium Dutch oven over medium, heat the oil until it shimmers. Add chicken pieces skin-side down and cook, turning once, 8 to 10 minutes. Transfer chicken to a paper-towel-lined plate and set aside.

**3.** Pour off all but 30 ml (2 tbsp) of oil from the pot. Reduce heat to medium-low and add onions. Cook, stirring occasionally, 12 to 15 minutes. Stir in garlic and cook for 1 minute. Add bourbon and cook until liquid has evaporated, about 2 minutes.

**4.** Stir in chicken stock, orange juice, soy sauce and miso and bring to a simmer. Return chicken to the pot, cover and simmer until it is cooked through, about 30 minutes.

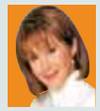
**5.** Add mushrooms and simmer, uncovered, until they are tender and the sauce is the consistency of a gravy, about 10 to 15 minutes longer. Serve with rice. THE ASSOCIATED PRESS

**Ingredients**

- 125 ml (1/2 cup) flour
- 5 ml (1 tsp) kosher salt
- 5 ml (1 tsp) cayenne pepper
- 5 ml (1 tsp) garlic powder
- 4 bone-in, skin-on chicken thighs
- 30 ml (2 tbsp) vegetable oil
- 500 ml (2 cups) chopped onions
- 15 ml (1 tbsp) minced garlic
- 80 ml (1/3 cup) bourbon
- 500 ml (2 cups) chicken stock
- 100 ml (1/2 cup) orange juice
- 30 ml (2 tbsp) soy sauce
- 15 ml (1 tbsp) dark miso
- 8 oz shiitake mushrooms, stems discarded, thinly sliced
- Cooked rice, to serve

**Healthy eating**

## *Choose it and lose it*



**ROSE REISMAN**
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**Everything in moderation is the key — especially when it comes to pastries. But some items are better left on the shelf.**

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# You're more capable than you may know

**Talents you have tucked away.** Rev up your resumé by reflecting on your own transferable skills

YLVA
VAN BUUREN
CareerBear.com

Perhaps you'd like to forget the time that you dealt with customer complaints, but if you kept your cool in these difficult situations, that could be a serious plus for your CV. ISTOCK

If you think you have little or no experience to offer prospective employers, think again, says Sandy Johnson, vice-president of NEXCareer.

We all get experience and skills from different places and various aspects of our lives, says Johnson. These versatile talents that serve you well in different jobs are often identified as "transferable skills."

"Sometimes we have difficulty seeing these competencies because they're such an integral part of who we are that we don't notice them," says Johnson. "But they're the same ones that make us stand apart."

If you are looking for a new job, identifying your transferable skills is the start to exploring what's next. Then, your goal should be to articulate skills in a way that a prospective employer can understand how they relate to the role that they're trying to fill.

"You need to connect the dots for employers so that they can see how you can bring value to their organization," Johnson says.

Here are five common roles and some examples of their transferable skills:

**Full-time parent/ homemaker:**
"This is a huge job that is so all encompassing, and some of the skills can be translated into a business context," Johnson says. For example, maintaining your home and property may require similar expertise to managing an office when it comes to selecting contractors or other suppliers. A homemaker has the skills to facilitate smooth daily operations much like skills that are valued in the workplace — project management skills (booking a family holiday), negotiation skills (you do it every day with your kids), and time management skills (reacting to changing priorities at home).

**Labourer**
Manual and other labourers have a range of transferable skills, says Johnson. "The ability to take direction and work independently as well as take initiative and deliver results is highly valued in many roles." Labourers are often task-oriented and show strong problem-solving skills to ensure a job well done within certain requirements and time frame (for example, finding faster/ better ways to have flats of flowers planted by noon or dividing responsibilities amongst team members to accelerate the process).

**Administrative assistant**
Whether supporting one person or a team, this type of position demands organizational and planning skills, management of multiple parties with conflicting agendas and needs (boss, team members, clients, suppliers, etc.), confidentiality and discretion, multi-tasking and prioritizing, ability to improvise and being able to calmly make decisions.

**Call centre representative**
"Working with the public can be incredibly challenging because you're often on the receiving end of complaints and negative feedback. The ability to provide diplomatic and courteous service while making sure the customer is heard is a huge skill-set, appreciated everywhere," says Johnson. You need to demonstrate exceptional communication skills not just with the customer but with the rest of the team as well. This position entails diagnosing problems and offering solutions. You've got to be able to think on your feet and know when to escalate an issue. Follow-up and follow through are important.

**Volunteer**
This role can provide opportunities to get exposure to new responsibilities or explore different industry sectors, says Johnson. "The skills required include the ability to work with team members with varying personalities and experience, so adaptability and flexibility may come into play along with the ability to take on either a leadership or support role or both." Being open to contribute beyond what you may have been selected for may present you with other opportunities such as training others.

**The great web of work**

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

**What are my strengths, sister?**

**It's helpful to have somebody to consult with when you're identifying your transferable skills. Other people can sometimes see your talents more clearly than you can see them yourself, says Johnson. Here's a quick exercise to help.**

- Write down skills that contributed to past accomplishments (for example, leadership skills on your basketball team, planning skills for organizing an event).
- Write down skills you've been complimented on (for example, you have been told that you are a good listener or have great interpersonal skills).
- Think about activities that make an exciting experience for you and how it has impacted your success (for example, your passion for always taking on a new sport may indicate you are a quick learner and can easily adapt to new challenges).

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# Sir, how soon can I soak up the sun?

**Give me a break.** You've just landed a new job but you're itching to jet away. Is it too soon to put in the request?

JULIA WEST
Metro World News in New York

The season for summer getaways is fast approaching. But for those who are still wet behind the ears in a new position, is vacation really a possibility? Some companies have a clear policy of when an employee can cash in on paid time off, while others are more vague.

We asked the experts just how soon is too soon when you're a recent hire.

The first ninety days at a company are usually a trial period when the employee gets situated. In most cases, paid time off is accrued after that.

"For this reason, it is generally advisable to not take a lengthy vacation, more than two days off, for at least six months.

"Even better — wait until you have completed your first year at your new job," suggests Lahle Wolfe, writer for About.com's Guide to Women in Business.

If you have travel plans prior to starting, it's best to be upfront about it.

"If you know you have a major vacation planned when you receive a job offer, it's best to be honest about it with the hiring manager," says Lori Hourigan, regional manager for staffing firm Robert Half.

"If you explain the situation and give enough advanced notice, most supervisors will try to accommodate your existing plans."

When you don't have pre-standing plans it's important to go into vacation negotiation delicately.

"If you must ask at the start of your new job, be thoughtful in not requesting time off during a crunch period," Tina I. Hamilton, a professional in human resources and president and CEO of hireVision Group, Inc. "And defer to the vacation requests of more tenured staff whenever possible. These considerations will pay off for you in the long run, and as you get established, your peers will do the same for you."

Make yourself comfortable at work, live it up when the weekends come and start planning an outstanding vacation for next year.

**Vacation consideration**

**"If you must ask at the start of your new job, be thoughtful in not requesting time off during a crunch period. And defer to the vacation requests of more tenured staff whenever possible."**

**Tina I. Hamilton**
President and CEO of hireVision Group, Inc.

Once you've put in a solid half year at your new job, feel free to start dreaming of surf and sand. ISTOCK

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# An evolving profession

CHRIS EDWARDS
For Metro

National Nursing Week is celebrated by nurses of both genders, in communities across Canada. Their story is still being written. ISTOCKPHOTO/THINKSTOCK

National Nursing Week celebrates a profession with a complex history. While some may know the story of Florence Nightingale, hers is but one moment in the development of the nurse — a role that has evolved from servant and helper to independent, organized, medical leader.

Canadian nursing, as we know it today, is the product of reform. New medical technologies, along with advances in hygiene, had allowed Canadians, by the middle of the 19th century, to see the hospital as a place to go for care, rather than simply a place to die.

Nursing came to be seen as an acceptable career for women. Nightingale, the British nurse who proved her mettle in the Crimean War, helped make that possible. She agreed to provide lodgings and salary to nurses who followed her to the Crimea; in exchange, they abided by her rules. She emphasized both training and conduct, and worked to differentiate the role of nurse from that of the doctor, sometimes with difficulty.

Nightingale's ideas found their way to Canada. The first Canadian training school for nurses, part of the St. Catharines General Hospital, opened in 1873. By 1909, there were 70 such schools in the country. This period also saw the formation of a national representative body for nurses, now known as the Canadian Nurses Association (CNA).

Nursing, as a profession, had grown in popularity and esteem. But Nightingale's emphasis on the subordinate role of the nurse — and, by extension, of women — still had to be challenged.

The outbreak of the Second World War again put emphasis on the role of the Canadian nurse — and led to a shortage of them. The federal government intervened, allocating funds for nursing education, while publicity campaigns reached out to young women who, suddenly, had more career options available to them. In the years that followed, union activity among nurses increased — many advocated for improved working conditions and better pay.

Calls for a day of recognition began around this time. The International Council of Nurses first celebrated a Nursing Day in 1965; and, in 1974, the U.S. government established National Nursing Week. The Canadian government followed suit in 1985.

Today, National Nursing Week is celebrated by nurses of both genders, in communities across Canada. Their story is still being written.

# Campaign. 'It's about time'

The Canadian Nurses Association (CNA) campaign to raise awareness about nurse practitioners (NPs), which focuses on how NPs improve access to quality health care and reduce wait times, was recently launched on Prince Edward Island.

The Canadian Nurses Association has launched a campaign to raise awareness about nurse practitioners. ISTOCKPHOTO/THINKSTOCK

More than four million Canadians are without access to a primary health-care provider, while those that have one often have difficulty accessing care. The result is an unsustainable, heavily burdened and overcrowded health-care system. As the national professional voice of registered nurses (RNs), the CNA strongly believes that adding more NPs will improve access, lead to a greater number of health-care options and enhance care for the whole patient.

"Nurse practitioners have been an important part of Canada's health-care system for decades," said CNA president Barb Mildon. "But Canadians would get a lot more benefit if the health-care system allowed more NPs to work to their full scope of practice. Given the current strains on our system, there's no better time to harness the full capabilities and expertise of NPs. They're an existing resource with a track record for improving Canadians' access to primary health care."

NPs are RNs with additional education, advanced knowledge and nursing experience, who work collaboratively with other nursing colleagues and health-care providers. They deliver and co-ordinate high-quality care, order tests, prescribe medications, and diagnose and manage chronic illnesses. NPs are part of health-care teams in a variety of settings, including community clinics, doctors' offices, nursing homes and hospitals. In B.C., Alberta and Ontario, NPs have authority to admit and discharge patients in hospitals and other facilities.

There are more than 3,000 NPs in Canada, and every provincial and territorial government has NP legislation in place.

The campaign — whose slogan is "Nurse Practitioners: It's About Time!" — is led by the CNA, in conjunction with ARNPEI. METRO NEWS SERVICES

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Maple Leafs centre Nazem Kadri, top, joins the celebration pile after one of Joffrey Lupul's two goals on Saturday night in Boston. Playoff action returns to Toronto on Monday night after a nine-year absence. STEVE RUSSELL/TORSTAR NEWS SERVICE

Fans gather outside the Air Canada Centre during Game 2 of the Maple Leafs' series against the Boston Bruins on Saturday night. The Leafs won 4-2.
CARLOS OSORIO/TORSTAR NEWS SERVICE

# Leafs enlivened by fan support in T.O.

**NHL playoffs.** After Saturday's series-tying win, city's post-season-starved fans finally have real reason to cheer

Before the Maple Leafs took to the ice Sunday morning, they sat down to watch video of the celebrations from the previous night in Toronto.

While the Leafs were beating the Bruins 4-2 in Game 2 of their playoff series at Boston, a sea of blue-and-white clad fans were watching the drama unfold on the giant screen back home at Maple Leaf Square outside the Air Canada Centre.

And if the players didn't fully grasp the significance of a playoff appearance to a city that has been dying for one for nearly a decade, they certainly did when they watched the delirious crowd erupt the moment Phil Kessel scored the winner.

"We know the passion that's in this market and the pent-up frustration that's taken place over the last while," Leafs coach Randy Carlyle said after Sunday's optional skate.

The Leafs got off to a rough start in their first post-season appearance since 2004, dropping a 4-1 decision in Game 1 at Boston. But Saturday's Game 2 win that saw Joffrey Lupul score twice and Kessel earn a rare goal against his former team breathed even more life into a fan-base already amped up for some playoff action.

"We have unbelievable fans here and I think it's great for them to finally be able to cheer on a playoff game. They've stuck with us and they deserve this," Lupul said. "Hopefully everyone in the city is having fun and we can make them proud." THE CANADIAN PRESS

**More than just a win**

"It's a step of earning respect back for our community and our fans."
Maple Leafs head coach Randy Carlyle

**Clearing room for Kessel**

**After Saturday's masterpiece of player manipulation, Leafs coach Randy Carlyle isn't likely to get caught on the wrong side of many matchups.**

- In Game 2, he bounced Phil Kessel on and off the top line. Kessel, as a result, saw four-plus minutes of ice time free of Zdeno Chara and scored his first even strength goal against Boston in four years.

TORSTAR NEWS SERVICE

**NHL playoffs**

## Kunitz caps topsy-turvy Penguins win on Long Island

Chris Kunitz scored his second power-play goal of the game 8:34 into overtime, off a pass from Sidney Crosby, and the Pittsburgh Penguins shook off an early deficit and a late blown lead to beat the New York Islanders 5-4 on Sunday in Game 3 of the first-round series.

The Pens rode ups and downs in taking a 2-1 lead in the series.

Pittsburgh trailed 2-0 just 5:41 in but rallied to lead 3-2 before the first period was over.

The Penguins seemed in control in the third, but New York erased a 4-2 deficit on goals by Kyle Okposo and John Tavares.

THE ASSOCIATED PRESS

**NHL playoffs**

## Sens put Habs on their heels in Ottawa

Jean-Gabriel Pageau scored his first NHL hat trick Sunday night to lead the Ottawa Senators in a fight-filled, 6-1 victory over the Montreal Canadiens and a 2-1 lead in the best-of-seven series.

The third period started out with the Senators leading 2-1, but after Pageau's second goal of the night and a Kyle Turris marker seven minutes in, emotions overflowed and a line brawl broke out at centre ice.

Pageau, who was born in Ottawa, brought the 20,249 on hand at Scotiabank Place to its feet after scoring his second of the game at 1:18 of the third period to give the Senators a 3-1 lead.

THE CANADIAN PRESS

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MLB

## Blue Jays get the win they've been waiting for

After a string of deflating losses, everything went right for the Blue Jays on Sunday at Rogers Centre.

Mark DeRosa belted a three-run homer and Melky Cabrera added a solo shot as Toronto crushed the Seattle Mariners 10-2 to end a four-game skid. The Jays had a season-high 15 hits and Brandon Morrow turned in a solid eight-inning performance for his first win of the season.

"That's a pretty good recipe today for winning," said manager John Gibbons. "Great pitching and we made a lot of things happen offensively, we got a lot of hits.

"It was a good game. We've been waiting for that one."

DeRosa, Cabrera and Maicer Izturis had three hits apiece for the 11-21 Blue Jays, who avoided the three-game sweep. Joe Saunders absorbed the loss for Seattle. THE CANADIAN PRESS

# Hinchcliffe takes Sao Paulo on final turn

**IndyCar.** Oakville driver surges past Sato for victory in Brazil

James Hinchcliffe overtook Takuma Sato of Japan on the last turn to win IndyCar's Sao Paulo 300 for his second career victory on Sunday.

The Canadian moved from third to second with three laps to go and moved inside Sato to take the lead just a few metres from the finish line at the Anhembi street track.

Sato, coming off his first career victory two weeks ago in Long Beach, drove in too hard for the hairpin at the end of the long back straight and gave space for Hinchcliffe to get past.

"To win a race on the last corner of the last lap is one of the coolest feelings," Hinchcliffe said. "To make a last-corner pass, that's something I'll remember for a long time. Takuma was making that race car really wide and he was defending the inside pretty well. He just outbroke himself just a little bit and I was able to do a high-low (pass) and got the win."

THE ASSOCIATED PRESS

Quoted

**"The biggest pressure I put on myself was to maintain the reputation that Canada has with their IndyCar drivers."**

**James Hinchcliffe after his victory on Sunday.** The last Canadian to win in Brazil was Greg Moore in 1998.

## NHL PLAYOFFS

### CONFERENCE QUARTERFINALS

(Best-of-7 series; All times Eastern)

### EASTERN CONFERENCE

**PITTSBURGH (1) V. NY ISLANDERS (8)**
(Pittsburgh leads 2-1)
**Sunday's result**
Pittsburgh 5 N.Y. Islanders 4 (OT)
**Tuesday's game**
Pittsburgh at N.Y. Islanders, 7 p.m.

**MONTREAL (2) VS. OTTAWA (7)**
(Ottawa leads 2-1)
**Sunday's result**
Ottawa 6 Montreal 1
**Tuesday's game**
Montreal at Ottawa, 7 p.m.

**WASHINGTON (3) V. NY RANGERS (6)**
(Washington leads 2-0)
**Saturday's result**
Washington 1 NY Rangers 0 (OT)
**Monday's game**
Washington at NY Rangers, 7:30 p.m.

**BOSTON (4) VS. TORONTO (5)**
(Series tied 1-1)
**Saturday's result**
Toronto 4 Boston 2
**Monday's game**
Boston at Toronto, 7 p.m.

### WESTERN CONFERENCE

**CHICAGO (1) VS. MINNESOTA (8)**
(Chicago leads 2-1)
**Sunday's result**
Minnesota 3 Chicago 2 (OT)
**Tuesday's game**
Chicago at Minnesota, 9:30 p.m.

**ANAHEIM (2) VS. DETROIT (7)**
(Anaheim leads 2-1)
**Saturday's result**
Anaheim 4 Detroit 0
**Monday's game**
Anaheim at Detroit, 8 p.m.

**VANCOUVER (3) VS. SAN JOSE (6)**
(San Jose leads 2-0)
**Sunday's result**
Vancouver at San Jose
**Tuesday's game**
Vancouver at San Jose, 10 p.m.

**ST. LOUIS (4) VS. LOS ANGELES (5)**
(St. Louis leads 2-1)
**Saturday's result**
Los Angeles 1 St. Louis 0
**Monday's game**
St. Louis at Los Angeles, 10 p.m.

## MLB

### AMERICAN LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Boston | 20 | 11 | .645 | — |
| New York | 18 | 12 | .600 | 1½ |
| Baltimore | 19 | 13 | .594 | 1½ |
| Tampa Bay | 14 | 16 | .467 | 5½ |
| **Toronto** | **11** | **21** | **.344** | **9½** |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Detroit | 19 | 11 | .633 | — |
| Kansas City | 17 | 10 | .630 | ½ |
| Cleveland | 14 | 14 | .500 | 4 |
| Minnesota | 13 | 14 | .481 | 4½ |
| Chicago | 12 | 17 | .414 | 6½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Texas | 20 | 11 | .645 | — |
| Oakland | 18 | 14 | .563 | 2½ |
| Seattle | 15 | 18 | .455 | 6 |
| Los Angeles | 11 | 20 | .355 | 9 |
| Houston | 8 | 24 | .250 | 12½ |

**Sunday's results**
**Toronto 10** Seattle 2
Texas 4 Boston 3
Oakland 5 N.Y. Yankees 4
Minnesota 4 Cleveland 2
Kansas City 6 Chicago White Sox 5 (10 inn.)
Baltimore 8 L.A. Angels 4
Detroit 9 Houston 0
**Saturday's results**
Seattle 8 **Toronto 1**
Texas 5 Boston 1
Baltimore 5 L.A. Angels 4 (10 inn.)
Kansas City 2 Chicago White Sox 0
N.Y. Yankees 4 Oakland 2
Cleveland 7 Minnesota 3
Detroit 18 Houston 2

### NATIONAL LEAGUE

**Sunday's results**
St. Louis 10 Milwaukee 1
Cincinnati 7 Chicago Cubs 4
Atlanta 9 N.Y. Mets 4
Miami 14 Philadelphia 2
Washington 6 Pittsburgh 2
Tampa Bay 8 Colorado 3
San Diego 5 Arizona 1
L.A. Dodgers at San Francisco

## NBA PLAYOFFS

### CONFERENCE SEMIFINALS

(Best-of-7 series; All times Eastern)

### EASTERN CONFERENCE

**MIAMI (1) VS. CHICAGO (5)**
**Monday's game**
Chicago at Miami, 7 p.m.
**Wednesday's game**
Chicago at Miami, 7 p.m.
**Friday's game**
Miami at Chicago, 8 p.m.

**NEW YORK (2) VS. INDIANA (3)**
(Indiana leads 1-0)
**Sunday's result**
Indiana 102 New York 95
**Tuesday's game**
Indiana at New York, 7 p.m.
**Saturday, May 11**
New York at Indiana, 8 p.m.

### WESTERN CONFERENCE

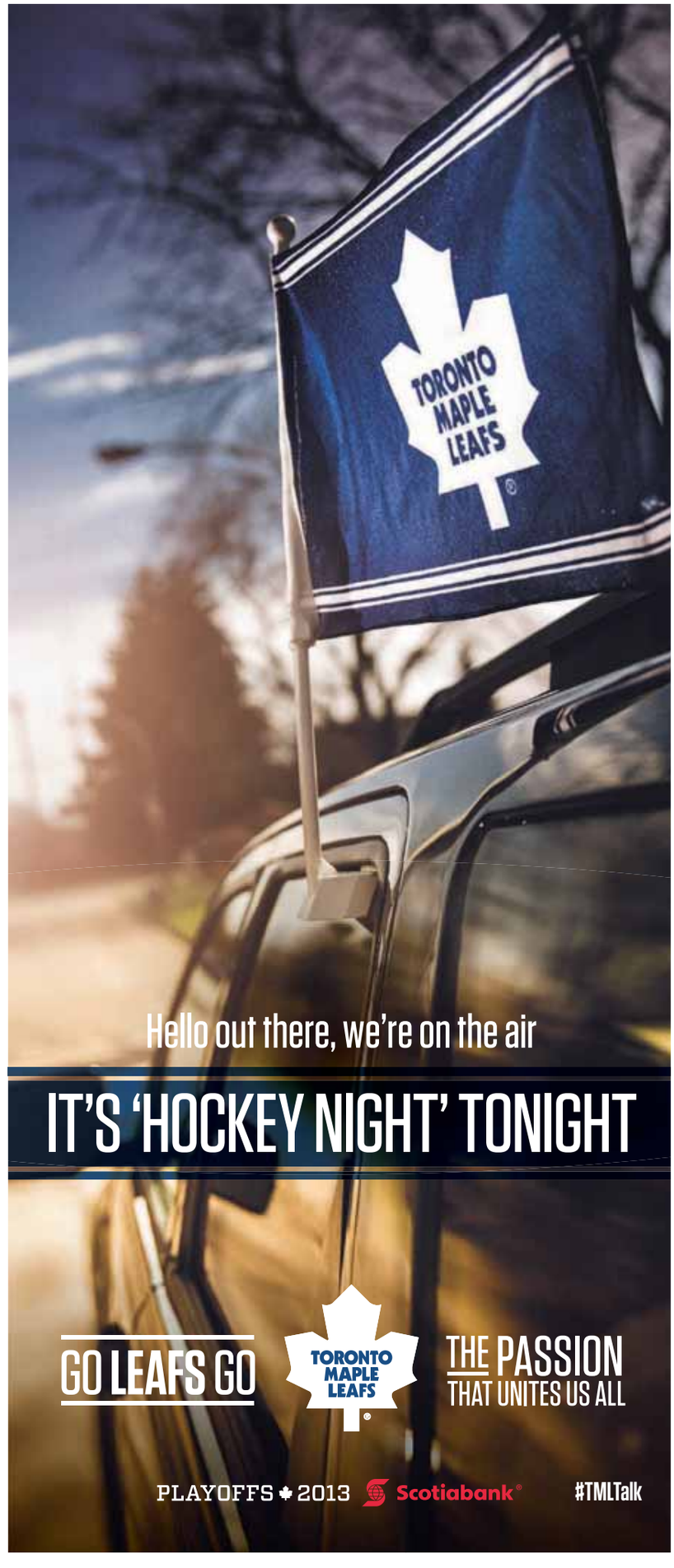
**OKLAHOMA CITY (1) V. MEMPHIS (5)**
(Oklahoma City leads 1-0)
**Sunday's result**
Oklahoma City 93 Memphis 91
**Tuesday's game**
Memphis at Oklahoma City, 9:30 p.m.
**Saturday, May 11**
Oklahoma City at Memphis, 5 p.m.

**SAN ANTONIO (2) V. GOLDEN STATE (6)**
**Monday's game**
Golden State at San Antonio, 9:30 p.m.
**Wednesday's game**
Golden State at San Antonio, 9:30 p.m.
**Friday's game**
San Antonio at Golden State, 10:30 p.m.

## SOCCER

### MLS

**Sunday's results**
Kansas City 4 Chivas USA 0
Houston at Los Angeles
**Saturday's results**
Colorado 1 Toronto 0
Salt Lake 2 Vancouver 0
Philadelphia 2 Seattle 2
San Jose 2 Montreal 2
New York 1 Columbus 0



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## Horoscopes

### ♈ Aries
**March 21 - April 20**
You have nothing to prove and nothing to feel bad about, so don't even think of trying to explain yourself to those who don't approve of your aims or your methods. What do you care what they think!

### ♉ Taurus
**April 21 - May 21**
It is a fact of life that some people rub you up the wrong way no matter how hard you try to like them. You will have to deal with such a person today.

### ♊ Gemini
**May 22 - June 21**
You seem to believe that a friend has let you down and you are so annoyed that you may even be thinking of cutting your ties with them. Don't! According to the planets it's all a big misunderstanding.

### ♋ Cancer
**June 22 - July 23**
If you feel less than motivated as the new week begins then don't force yourself to do things you know you won't enjoy. Not even a Cancer can be on top form all the time.

### ♌ Leo
**July 24 - Aug. 23**
Whatever you do today make sure you do it to the very best of your abilities. If you don't you could draw the unwelcome attention of someone in power. Think of your reputation: make a good job a brilliant one.

### ♍ Virgo
**Aug. 24 - Sept. 23**
What took place over the weekend may not have been to your liking but neither was it as bad as you think. This week's aspects are a lot more promising.

### ♎ Libra
**Sept. 24 - Oct. 23**
Try not to take life too seriously today. Find ways to see the amusing side in everything that happens. Even the most solemn of situations can be god for a laugh.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
The world is full of possibilities but you seem determined to focus on the negative things. Why is that? Whatever the reason you need to snap out of it fast. Opportunities are everywhere.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
You will have to put up with an annoying person today, the kind of person you would usually cross the road to avoid. Try listening to what they have to say – they know something you should know too.

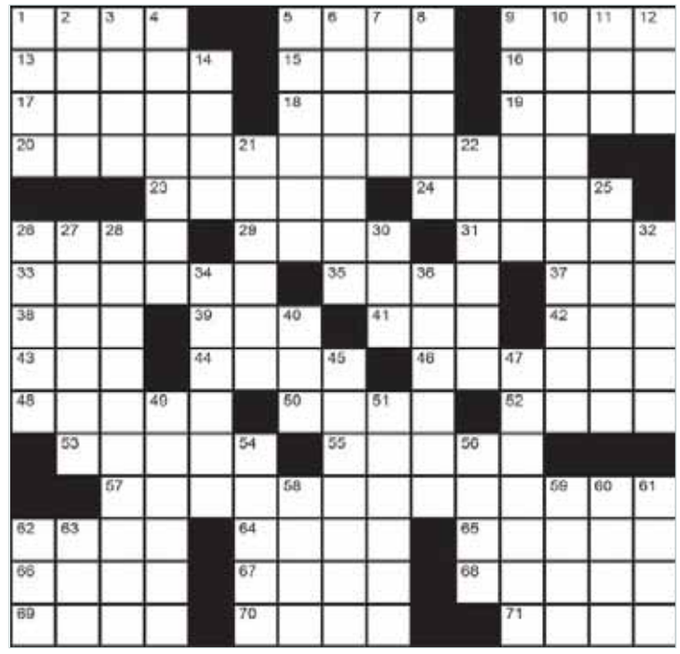
### ♑ Capricorn
**Dec. 22 - Jan. 20**
There is no point trying to get approval for what you intend to do this week. Have the courage to go for it no matter what other people might think or say.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
What you think is important is really of no importance of all, so stop obsessing about it and turn your attention to more positive things. No matter what the "experts" say nothing bad is going to happen.

### ♓ Pisces
**Feb. 20 - March 20**
You may be tempted to give up on something that looks incredibly hard but you will regret it if you do. The approaching eclipse will sweep away all your doubts by the end of the week. SALLY BROMPTON

## Crossword: Canada Across and Down

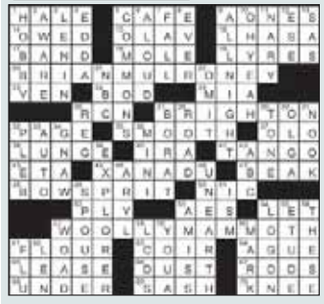
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



**Across**
1. Suffix with 'Hip'
5. Mr. van Koeverden, Canadian kayaker/Olympian
9. Lovestruck, olde-style
13. Being less diluted
15. Single-named Canadian songstress
16. __ & The Bunnymen
17. "Give ___ ___." (Try)
18. "_ __ you can't guess!"
19. Jazz singing style
20. Canadian __ __ (Annual event of Spring in the capital region)
23. Intended
24. They're called in roll call
26. 'Motor' suffix
29. Purposes
31. Point __ (Canada mainland's most southerly tip)
33. Unkeyed, in music
35. Fashion designer, __ Rabanne
37. Bon Jovi song: "__ Your Hands on Me"
38. Tail: Prefix
39. "__ magic!"
41. Sigma's alphabetic follower
42. "5th __. Girl" (1939) starring Ginger Rogers
43. Guided
44. Young hawks
46. Plants trimmer
48. __-__ (Clark Kent, originally, on planet Krypton)
50. Capri pants, __-length
52. PMs and Prezzes
53. Narrates
55. Mr. Povich of TV talk
57. #10-Down, Canadian __ __
62. Not-well-received movie
64. 'Million' suffix
65. "That's _ __ thing!" (Definitely)
66. Make clicking noises on the keyboard
67. Shade of blue ...or green
68. MLB Commissioner, Bud __
69. Legis. meeting
70. 'Gen' add-on (Old Testament beginning)
71. Stuff-on-the-beach

**Down**
1. After gargling, what the dentist says
2. Anti-apartheid activist, Desmond __
3. 'Gen' add-on
4. Regulated routine
5. Extraterrestrials
6. Modern music genre
7. Assist in wrongdoing
8. Montreal morning
9. Like some bagels, __-topped
10. __ & Stewart
11. Smashing Pumpkins co-founder, James __
12. Full amount, for short
14. Skipping __
21. Defective
22. Steam, for example
25. Alan Thicke's "Growing Pains" role, Dr. Jason __
26. Shower sealant
27. "This is _ __!" (Dessert-getter's exclamation)
28. The __ (Canuck band for Deedee, Rooney and Moe)
30. Weekend day, wee-ly
32. Sentinels
34. Danny of "Do the Right Thing" (1989)
36. Mouthwash usage quantity
40. Pouch
45. Warrior of Japan
47. James Joyce's Dublin-set novel
49. Gets married quick-style
51. Snipped-off-of-clothes things
54. 'Cheap' completer
56. Small estuaries
58. Blueberry, and others
59. __-hoop
60. Daughter on "The Waltons"
61. Officially mailed letter, for short
62. Mil. posts
63. Caustic stuff

### Friday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 4 | 7 | 9 | 3 | 8 | 5 | 6 | 1 |
| 5 | 6 | 8 | 2 | 1 | 7 | 9 | 3 | 4 |
| 1 | 3 | 9 | 5 | 4 | 6 | 7 | 8 | 2 |
| 6 | 9 | 5 | 3 | 2 | 1 | 8 | 4 | 7 |
| 4 | 8 | 2 | 7 | 6 | 5 | 1 | 9 | 3 |
| 3 | 7 | 1 | 4 | 8 | 9 | 2 | 5 | 6 |
| 8 | 2 | 3 | 1 | 9 | 4 | 6 | 7 | 5 |
| 7 | 1 | 6 | 8 | 5 | 3 | 4 | 2 | 9 |
| 9 | 5 | 4 | 6 | 7 | 2 | 3 | 1 | 8 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | 6 | | | | 3 |
| 7 | | 6 | | 1 | | 9 | | 4 |
| | | 3 | 9 | | 5 | 6 | | |
| 6 | | | | | | | | 9 |
| | | | 1 | | 6 | | | |
| 2 | | | | | | | | 5 |
| | | 9 | 3 | | 1 | 4 | | |
| 5 | | 4 | | 9 | | 7 | | 8 |
| 3 | | | | 8 | | | | 6 |

Today
19°/10°
Sunny

Tuesday
20°/11°
Mainly sunny

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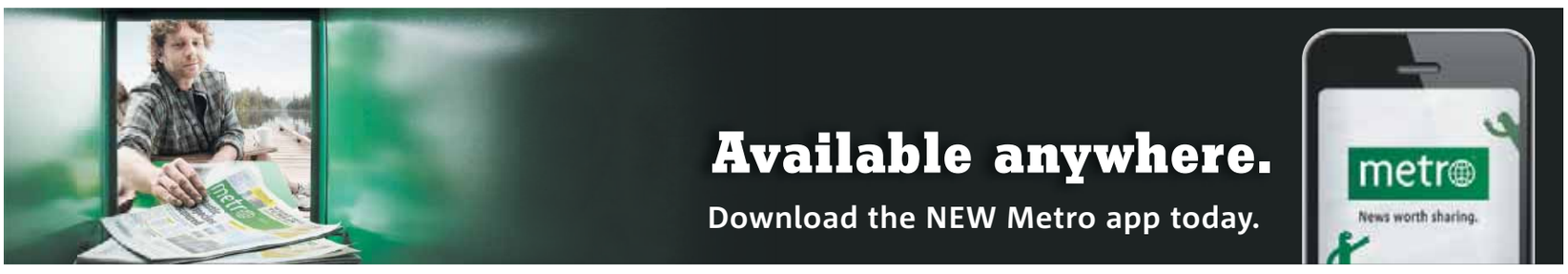

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